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Arnold Silva, MD, PhD Named Research Investigator of the Year

Boise, Idaho – Dr. Arnold Silva, Research Director at Boise Kidney & Hypertension Institute, has received the 2015 Frenova Top Investigator Award. Frenova Renal Research, a Fresenius Medical Care North America company, is the only Phase I-IV drug and device clinical development services provider dedicated exclusively to renal research. They provide access to the world's largest renal research site network, which encompasses more than 200 principal investigators and 250 dialysis research centers.

Boise Kidney & Hypertension Institute partners with Frenova Renal Research to conduct clinical trials in Idaho under the direction of Dr. Silva. As principal investigator, Dr. Silva is responsible for the proper conduct of clinical trials in compliance with all protocols and regulations -- from staffing, trial subject recruitment, medical-related decisions and patient care, trial administration, and reporting. This award recognizes Dr. Silva's leadership and commitment to excellence.

Although the clinical trials are conducted in Idaho, the research benefits people all over the globe. Dr. Silva is dedicated to moving the science forward -- therapeutically and scientifically -- to find new and better methods for the prevention and treatment of Chronic Kidney Disease (CKD) and End Stage Renal Disease (ESRD). It is estimated that one in 10 American adults, more than 20 million, have some level of CKD.

What is Chronic Kidney Disease (CKD) and End Stage Renal Disease (ESRD)?

Chronic Kidney Disease simply refers to the permanent and gradual loss of the filters of the kidney. Kidney filters act like water filters cleaning out your blood stream. Loss of these filters (CKD) may be the result of diseases that can affect the kidneys, such as diabetes and high blood pressure.

When the kidneys start losing their filters, they also do not remove waste products and extra fluid from the blood stream. CKD that reaches total and permanent kidney failure is known as End Stage Renal Disease (ESRD), which requires dialysis. This means that the kidneys have lost enough filters to no longer clean out the blood stream. The goal for treating CKD is to slow the progression of, or prevent the loss of filters and preserve kidney function.

Boise Kidney & Hypertension Institute

Boise Kidney & Hypertension Institute (BKHI) has been serving kidney disease patients in Southern Idaho since 2005. With locations in Boise, Meridian and Caldwell, BKHI provides comprehensive, advanced, and compassionate care, with a focus on early diagnosis and treatment of chronic kidney disease and hypertension, prevention of kidney stones, and complete management of electrolyte disorders, as well as extensive patient education programs.

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